

POLICY & PROCEDURE



TITLE: Suturing and Suture Removal, assisting with				
Scope/Purpose: To standardize the suture removal process.				
Division/Department: All HealthPOiNT Clinics			Policy/Procedure #:	
Original Date: June 16 th , 2006			<input type="checkbox"/> New <input checked="" type="checkbox"/> Replacement for: Same 2006	
Date Reviewed:	Date Revised:	Implementation:	CPIC Approved:	Board Approved:
	October 3 rd , 2013	10/25/2013	10/25/2013	
Responsible Party: Director Clinical QA/ CMO				

DEFINITIONS:

N/A

POLICY:

Clinical staff will follow universal precautions and hand washing technique when assisting providers with suturing or during the suture removal procedure.

PROCEDURE:

A. Supplies and equipment needed:

1. "Suture Set" sterile instruments
2. Wound tray
3. Basin
4. Normal Saline solution for irrigation and/or cleaning
5. Mayo stand

B. Suturing Procedure:

1. Obtain equipment needed and place in the patient exam room.
2. Wash hands. Apply exam gloves.
3. Pour saline solution into the basin. Soak the wound in the basin and/or cleanse the area with appropriate solution.
4. Assist the physician as needed with procedure.
5. Return used instruments to designated area for soaking/cleaning and autoclaving. Always follow center's OSHA policy and procedure for sharps disposal.
6. Wash and dry basin and return the basin to the storage area.
7. Remove gloves. Wash hands.

8. Return wound tray to the designated storage area. If any supplies from the wound tray are used, replace them.

C. Suture removal:

1. Physician will need “Suture Removal Set” only.
2. Wear gloves if assisting the physician
3. Return instruments to designated area for soaking/cleaning and autoclaving. Always follow OSHA policy and procedure for sharps disposal.
4. Remove gloves. Wash hands.

RELATED POLICY:

REFERENCES:

See also

CDC, 2013

DeWit, S. C. (2009). *Fundamental concepts and skills for nursing* (3rd ed.). St. Louis, MO: Saunders Elsevier

REQUIRED BY:

ATTACHMENTS/ENCLOSURES:

POLICY/PROCEDURE TRACKING FORM (to be added as last page of each P&P for documentation of changes)

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Date of Revision		Description of Changes		